

Medication Prior Authorization 101

Explore your options with RegenceRx

Information to better
understand prior authorization
for your Rx needs



Regence

Regence BlueCross BlueShield of Oregon is an Independent
Licensee of the Blue Cross and Blue Shield Association

Most medications do not need prior authorization. Other medications may not be covered until your doctor or pharmacist contacts us for approval. This can be for a new prescription or for a medication you already receive that has a maximum quantity we can cover.

Protection with prior authorization

Prior authorization helps ensure that covered medications provide the best safety and value. It is needed when a medication has only been proven to benefit a limited number of people or if unusually large doses are requested for coverage.

Advocating for alternatives

Sometimes prior authorization is needed when an equally effective but less costly alternative is available. We advocate strongly for generic alternatives to replace medications that are more expensive but provide no added value.

Prior authorization may also be needed for medications that are:

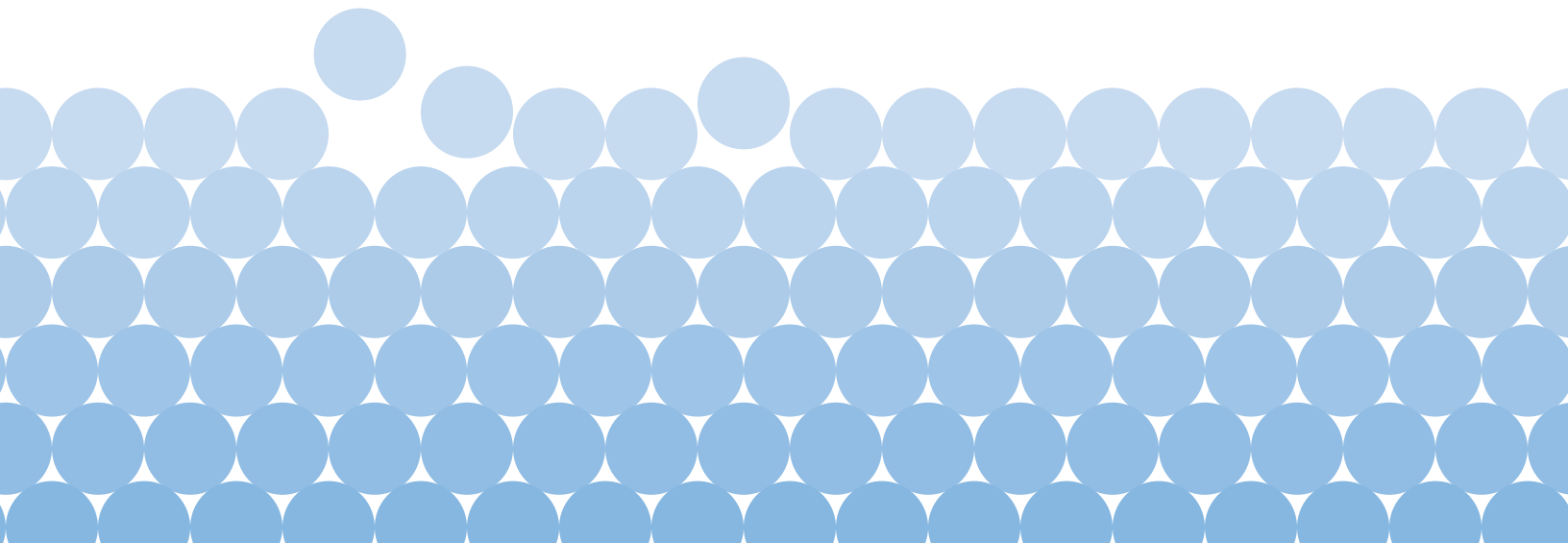
- Prescribed for conditions not covered by your health care benefits
- Not thoroughly tested by the scientific community or FDA approved for certain uses

Receiving prior authorization

If your medication is on our prior-authorization list, we will need information from your doctor or pharmacist. If we find that the medication is the best value for your condition, the medication will generally be authorized. If not, your benefits will not cover the cost of the medication.

If your medication is not covered, we will provide you with a clear explanation of why it is not covered, and potential alternatives if available. Often, doctors and members appreciate learning about less costly alternatives and additional scientific information.

At Regence, helping our members understand their Rx options and save money on prescriptions is serious business. Here are the facts on prior authorization you may need to navigate your prescription benefits.



Understand your Rx options and become an informed health care shopper.

Our pharmacists and doctors tirelessly research medications for safety, effectiveness and overall value. We're committed to sharing this information with you. But you and your doctor are the best people to determine the prescription that's right for you.

Your doctor or pharmacist can check to see if prior authorization or a quantity limit applies. If so, you can ask your doctor or pharmacist to send in a prior authorization request before your next refill. They can:

- Call toll-free: 1 (800) 643-5918
- Fax your prescription profile: 1 (888) 437-1510

You can see if prior authorization is required for your medication by visiting the My Advisor section of myRegence.com, powered by the Regence Engine. We list alternatives for many medications that need prior authorization. Or just drop a line to one of our customer service specialists at the telephone number listed on the back of your Regence member card.

Using the form below

If you have new Regence coverage and are already taking a prescription, please use the form below. It can help speed up the process when prior authorization is required. We can then contact you and your doctor to request needed information.

If you are new to our plan or are transitioning from one of our medical plans and are taking a medication that needs prior authorization, please complete the following information and return it to the address on the bottom of the card. Thank you!

Patient name _____

Patient medical identification (ID) number _____

Daytime phone number _____ Parent/guardian name _____

Medication(s) name _____ Employer name (if applicable) _____

Pharmacy name _____ Pharmacy phone number _____

Doctor's name _____

Doctor's address _____

Doctor's phone number _____

Doctor's fax number _____

RegenceRx
Pharmacy Services Prior Authorization
PO Box 12625 MS S2P
Salem, OR 97309

For more information on prior authorization, please contact the number on your member card, or call toll-free: 1(800) 643-5918.



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